



## Services Overview

### Agency Introduction

Zion Care is a locally owned home care agency providing reliable, compassionate non-medical personal home care services to seniors and adults throughout the state of Maine. Our mission is to support individuals who need assistance with daily living while preserving their independence, dignity, and comfort in the familiarity of their own homes. We are committed to delivering high-quality, client-centered care through dependable caregivers and personalized care plans that align with each individual's needs, preferences, and routines.

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### Care Philosophy

At Zion Care, we believe quality home care is built on trust, respect, and compassion. Our approach focuses on:

- Promoting independence and safety at home
- Delivering personalized, goal-oriented care
- Supporting emotional well-being and quality of life
- Collaborating with families and healthcare professionals to ensure continuity of care

Our services are designed to complement medical care and support safe transitions from hospital to home.

### Services Offered

Zion Care provides non-medical personal home care services, including but not limited to:

- **Personal Care Assistance**
  - Support with activities of daily living (ADLs), including hygiene, grooming, dressing, and toileting.
- **Mobility and Transfer Assistance**

- Assistance with safe movement, transfers, and ambulation to reduce fall risks and improve safety.
  - **Companionship and Emotional Support**
    - Meaningful social interaction, conversation, and emotional support to reduce isolation and promote mental well-being.
  - **Meal Preparation**
    - Assistance with meal planning and preparation in accordance with dietary preferences and needs.
  - **Light Housekeeping**
    - Support with maintaining a clean and safe living environment, including laundry, tidying, and basic household tasks.
  - **Errands and Daily Activity Support**
    - Assistance with shopping, prescription pick-ups, and daily routines.
  - **Transportation Services**
    - Non-medical transportation to appointments, errands, and community activities.
  - **Senior Living Support**
    - Ongoing in-home support to promote safety, independence, and quality of life for seniors.
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## **Caregiver Standards & Quality Assurance**

Zion Care caregivers are carefully selected and trained to provide safe, compassionate, and professional care. We maintain high standards of professionalism and emphasize respect, reliability, and client dignity in all care interactions. Our caregivers work closely with clients, families, and healthcare partners to ensure consistent, dependable service delivery.

## **Service Area**

Zion Care proudly serves individuals and families across Maine, providing dependable home care services within local communities.

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## **Contact Information**

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