

PERSONAL CARE

In-Home Care Services for Safe and Independent Living

Senior Helpers understands the difficulties families face when everyday activities and personal tasks become challenging for a loved one due to injury, medical condition, or aging. These tasks often require hands-on support, and our in-home personal care services offer families a break from caregiving responsibilities, leaving their loved one in the hands of a trusted Senior Helpers caregiver.



BATHING ASSISTANCE

Our caregivers provide safe and respectful bathing assistance to ensure hygiene and comfort.



WALKING ASSISTANCE

We offer support and supervision to help your loved one move around safely and confidently.



MEDICATION REMINDERS

Our caregivers provide timely reminders to help your loved one take their medications as prescribed.



MEAL PREPARATION

We prepare nutritious and delicious meals tailored to your loved one's dietary needs and preferences.



ASSISTANCE WITH DRESSING

Our caregivers provide safe and supportive help with getting dressed, ensuring your loved one's dignity and independence.



ASSISTANCE WITH RESTROOM USE

We provide assistance with restroom use to ensure your loved one's comfort and safety.

SENIOR 
**LIFE
PROFILE**

CONTACT US TODAY!

Maintaining independence is crucial for our seniors. With LIFE Profile and companion care services from Senior Helpers, we make it easy for your loved one to stay independent at home. We offer a free LIFE Profile assessment to understand your loved one's needs, address your questions, and provide personalized care recommendations. Let us help your loved one continue living life to the fullest.