

Why Hire a Home Care Agency?

Assisting Hands® is a full service home care agency which screens, hires, and trains its employees ensuring that you will have quality home care you can trust. Assisting Hands® caregivers are W-2 employees not independent contractors. When you hire an agency whose caregivers are 1099

contractors, or you hire an independent contractor, many of the liabilities and employee responsibilities shift to you, the customer. As you, the client, become the employer you can be fully responsible for the caregiver/employee and associated work place liabilities.

Transitional Care

Assisting Hands® Home Care can help you reduce the risk of re-hospitalization by coordinating your transition from the Hospital or Rehab facility to your Home. Our Safe Transition-to-Home package includes the following services:

- Clear communication of discharge orders to patient & family.
- Pick you up at the facility and take you home.
- Schedule an appointment with your Physician(s) and labs for tests within 7 days of your discharge.
- Pick up any prescriptions.
- Fax your discharge orders and new prescriptions to your Primary Care Physician.
- Coordinate delivery of any Durable Medical Equipment.
- Help you set up your home to make it a safe environment *and more.*

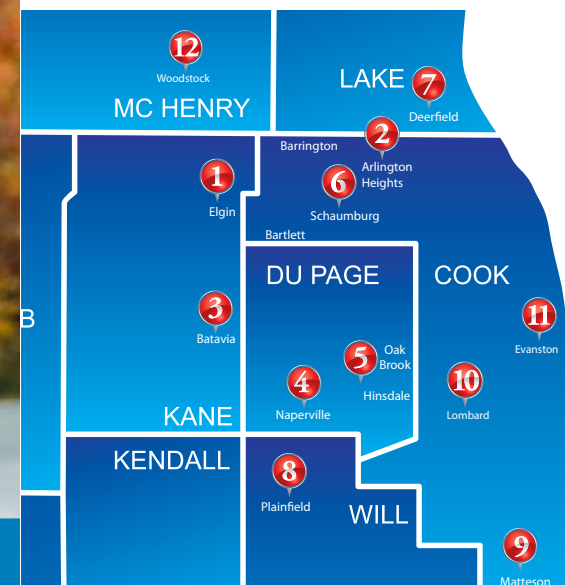
Close to **20% of patients** are readmitted to the hospital within 30 days of discharge; *most of these readmissions are avoidable.*



Local Assisting Hands® Offices

Each office is individually owned and operated
www.assistinghands.com

- 1 Elgin Office**
Serving Elgin, Barrington and surrounding areas
P: (847) 720-5850
aflintz@assistinghands.com
- 2 Arlington Heights Office**
Serving Arlington Heights and surrounding area
P: (847) 908-1525
dsalario@assistinghands.com
- 3 Batavia Office**
Serving Aurora, Bartlett and surrounding areas
P: (630) 454-4880
amorris@assistinghands.com
- 4 Naperville Office**
Serving Naperville and surrounding areas
P: (630) 305-9100
rueberfluss@assistinghands.com
- 5 Hinsdale Office**
Serving Hinsdale, Oak Brook and surrounding areas
P: (630) 321-9000
jueberfluss@assistinghands.com
- 6 Schaumburg Office**
Serving Schaumburg, Park Ridge and surrounding areas
P: (847) 857-6166
dmomtcheva@assistinghands.com
- 7 Deerfield Office**
Serving Deerfield, Lake Forest and surrounding areas
P: (847) 558-2228
ddamasius@assistinghands.com
- 8 Plainfield Office**
Serving Kendall County, Plainfield, Bolingbrook and surrounding areas
P: (815) 770-7060
ledwards@assistinghands.com
- 9 Matteson Office**
Serving Matteson and surrounding area
P: (708) 300-9338
swashington@assistinghands.com
- 10 Lombard Office**
Serving Lombard, Villa Park, Elmhurst, Addison and surrounding areas
P: (630) 635-3900
ashearer@assistinghands.com
- 11 Evanston Office**
Serving Evanston, Skokie, Glenview, Northbrook and surrounding areas
P: (847) 868-9213
rcronin@assistinghands.com
- 12 Opening soon! Woodstock Office**
Serving Woodstock, McHenry, Harvard and surrounding areas
jrasmussen@assistinghands.com



Assisting Hands®
Home Care



Serving Illinois



Quality Home Care You Can Trust®



Home Care CNAs and Companions

Assisting Hands® provides help with the activities of daily living (ADLs) in the privacy, safety and comfort of your home or living facility. We tailor our services to fit your needs. Services are available hourly or for complete 24 hour care, 7 days per week.

Care Coordination and Case Management

Our main objective is to facilitate collaboration and care coordination across the continuum of care - from outpatient and inpatient to community, clinic, and home.

Having assistance in coordinating your care plan can be an enormous relief when you face recovery from illness, chronic health issues, or are finding living at home more difficult. We offer guidance to construct a care plan suited to your needs, and individual matching of reliable caregivers.

We incorporate all the orders and recommendations from your physicians, case managers, healthcare providers and our own initial assessment in order to develop an effective Plan of Care. This plan will



describe all the services required, the proposed frequency, cost of each service, potential equipment and supplies needed along with the possible payment sources.

Assisting Hands® Clients *are talking...*

“When I started service with Assisting Hands® I did not think having a caregiver help my mother would make such a difference in her life. She considers the caregiver like one of her own and the caregiver makes sure that all her needs are taken care of. Before I started the service with Assisting Hands® my mother would be depressed that I could not be around as much as I would like, but now when I come by my mother lights up like she use to.”

— KEVIN W.

“My father has Alzheimer's and I always found it difficult leaving him at home alone during the night. I contacted Assisting Hands® Home Care and ever since life has been a relief for me and a relief for my father. Now I could go ahead and handle my endeavors in my life and know my father is well taken care of. It's amazing how much of an understanding my father and his caregiver have. I am so pleased with the level of service Assisting Hands® Home Care has provided me.”

— ROBERT J.

“When my father's health declined, Assisting Hands® was there to turn a difficult family transition into a supportive and nurturing one.”

— SUSAN M.

Assisting Hands® Home Care Services Include:

PERSONAL CARE

- Personal Hygiene Assistance
- Grooming / Oral Care
- Meal Plan / Preparation
- Bathing and Grooming
- Medication Reminders
- Transferring Assistance
- Exercise / Walking Assist
- Toileting / Incontinence Care
- Home Safety / Fall Prevention

SUNRISE/SUNSET SERVICES

(Assist with Morning Wake-Up)

- Assist with Bathing and Grooming
- Assist with Dressing
- Prepare Breakfast / Snacks
- Make the Bed

(Assist with Evening Tuck-In)

- Assist with Night Clothes
- Grooming / Oral Care
- Medication Reminder

PERSONAL ASSISTANCE SERVICES

- Grocery Shopping / Couponing
- Run Errands
- Coordinate Schedules
- Photo Albums / Scrapbooking
- Assist with Travel Arrangements
- Water Houseplants / Pet Care

RESPIRE SERVICES

(2 Hours to 24 Hour Care Available)

- A Needed Break for Family Caregiver

HOUSEKEEPING SERVICES

- Empty Trash / Sanitize Container
- Change Linens / Make Beds
- Mopping / Vacuuming Floors
- Dusting / Polishing Furniture
- Clean Refrigerator Interior
- Washing and Drying Dishes
- Straightening Up Each Room
- Laundry / Folding and Ironing
- Dust Window Ledges / Mop Boards

OTHER SERVICES

- Medical alert alarms & equipment