

AMADA  Presents



BAY AREA CAREGIVER RESOURCE CENTER

When you are caring for a chronically ill family member or friend, it's easy to forget to take care of yourself. For more than 40 years, Family Caregiver Alliance/Bay Area Caregiver Resource Center has recognized the unique needs of family caregivers and developed services and resources to meet these needs.

When you contact Family Caregiver Alliance (FCA), a staff member will speak with you about your caregiving situation. You can also ask to meet with an FCA Family Consultant for a caregiver assessment and care planning session. **These support services are offered at no-cost to qualifying family caregivers in the greater San Francisco Bay Area.**



**VISIT OUR WEBSITE, EMAIL,
OR CALL TODAY**
caregiver.org | info@caregiver.org
(415) 434-3388 | (800) 445-8106



Our Services – Summary

Family Caregiver Alliance (FCA) supports caregivers with education, tools, and personalized guidance. After a brief CareNav review, caregivers receive tailored resources, training (articles, webinars, classes), a monthly newsletter, and referrals to adult day care, support groups, home care, and respite. An FCA specialist follows up and may connect families with a consultant.

Family Consultation:

FCA conducts a care assessment, develops a care plan, reviews eligibility for legal/financial benefits, supports long-term planning, and provides ongoing guidance.

Eligibility:

FCA serves family caregivers of someone with adult-onset cognitive or neurological impairments (e.g., Alzheimer's, dementia, stroke, MS, ALS, TBI, brain tumor) in Alameda, Contra Costa, Marin, San Francisco, San Mateo, and Santa Clara counties.

Take the first step today!

**When you are ready to start care services,
Amada Senior Care will make it easy.**

- FREE Care Needs Assessment
- Transparent Pricing
- Personalized Care Plan
- Best Vetted, Experienced Caregivers



AmadaEastBay.com
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