



ELEVATING LIFE, EMBRACING CARE

IN-HOME CARE

Serving Counties: Contra Costa, Solano, San Joaquin, Alameda

 925.331.0590

 www.caringhavenhomecare.com

Awarded Best Senior Care Agency in the Bay Area!



Caring Haven is honored to have been recognized as the **Best Senior Care Agency in the Bay Area** and to hold certification in Memory Care (Cognitive Care). Our dedicated Care Team provides a comprehensive range of services, including specialized memory care, post-surgery support, and around-the-clock assistance. We prioritize the well-being and dignity of each loved one we serve, ensuring peace of mind for all families.

CARE LEVELS

Personal Care

- Bathing & Grooming
- Toileting & Incontinence Care
- Safe Transfer & Ambulation
- Exercise Routine

Companionship

- Personal Care
- Outings - Medical, Social, Events
- Conversations & Activities
- Activities of Daily Living

Home Care Services

- Light Housekeeping
- Meal Preparation
- Prescription, Grocery & Errands
- Plant & Minimal Animal Care

Memory Care (Cognitive Care)

- Specialized Dementia, Alzheimer's and Parkinson's Care
- Cognitive Stimulation Activities
- 24/7 Supervision and Safety, Emotional and Social Support
- Sundowning Care, Identifying & Removing Triggers

Post-Surgery/Discharge Care

- Free Home Safety Assessment
- Post-Surgery Care
- Medication Management
- Safe Transfer & Ambulation

24-Hour Care

- Live-In Care
- Overnight Care
- Respite Care
- Hospice & Palliative Support***