

INSURANCE/COST

Medicare and Medicare Advantage Plans cover eligible home health services. There are criterias that must be met for insurance coverage, such as: needing part-time or intermittent skilled nursing services and as long as you're "homebound," which means:

- You have trouble leaving your home without help (like using a cane, wheelchair, walker, or crutches; special transportation; or help from another person) because of an illness or injury.
- You're normally unable to leave your home because it's a major effort.

Currently Accept:

- Medicare
- Blue Shield
- Parntership
- Private Pay
- Anthem Blue Cross

Shasta Family Health Care Services will work with your physician and review your insurance before services begin to ensure your insurance will cover the cost of home health skilled nursing.



ACCREDITATIONS



Connect with Us!



530-378-5283



www.shastafamily.com



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SHASTA FAMILY HEALTHCARE SERVICES

"HONORING OUR PATIENTS
WITH
DIGNITY & RESPECT"



NPI: 1205488731
LIC: 550005823

WHAT IS HOME HEALTH ?

Home health offers a wide range of skilled nursing services that are provided in the comfort of your own home for an illness or injury.

Home health care is usually less expensive, more convenient, and just as effective as the care you get in a hospital or skilled nursing facility

- Your doctor or other health care provider's orders are needed to start care. Once your doctor or other health care provider refers you to Shasta Family Health Care for home health services, the home health agency will schedule an appointment and come to your home to talk to you about your needs and ask you some questions about your health.
- The home health agency staff will also talk to your doctor or other health care provider about your care and keep you updated on your progress.
- It's important that home health staff see you as often as the doctor or other health care provider ordered.

SERVICES/DISCIPLINES

Shasta Family Health Care Services offer the following disciplines:



- Registered Nursing (RN's)
- License Vocational Nurses (LVN)
- Certified Nursing Assistants (CNA)

Examples of what the home health staff should do:

- Check what you're eating and drinking.
- Check your blood pressure, temperature, heart rate, and breathing.
- Check that you're taking your prescription drugs and any other treatments correctly.
- Ask if you're having pain.
- Check your safety in the home.
- Teach you about your care so you can take care of yourself.
- Coordinate your care. This means they must communicate regularly with you, your doctor or other health care provider, and anyone else who gives you care.

HABLAMOS ESPANOL !

HOW TO BEGIN SERVICES

1. Contact Shasta Family Health Care **(530) 378-5283**.
2. An agency representative will ask the following:
 - Your physician name.
 - Your reasons for wanting home health services
 - Insurance Information
 - Your contact and residence information.
3. **Shasta Family** will contact your doctor and will submit a request for **HOME HEALTH SERVICES** on your behalf.
4. Shasta Family will contact you if your physician has approved your request for home health services and schedule a **START OF CARE** visit.

OR

- Call your doctor to request home health services
- Inform your doctor you are interested in receiving home health services with Shasta Family health care services
- **Instruct your doctor to FAX orders to (530) 378-5284**

The owners of Shasta Family Healthcare Services were caregivers to their loved ones for many years and now desire to share their experiences, knowledge and love of service to the patients of Shasta Family Healthcare Services!